



- We each buy 27kg of new clothes and textiles annually and ¾ of this ends up in our household garbage bins.
- 1 x cotton shirt = flushing a toilet 245 times.
- 1 x jeans = leaving the lights on all night.

G WHEN SHOPPING...

- Write a list: How long do you want it to last? How much are you willing to spend?
- Ask yourself if you can share or repair. The most sustainable clothes are the ones that we don't buy!
- Check out the op shops, ebay and gumtree first.
- Take your shopping list!

FOR MORE INFORMATION

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